

Special Terms and Conditions

GAM ANON– 20 QUESTIONS Are you Living with a Compulsive Gambler?

If there is a gambling problem in your home, the GAM ANON family group may be able to help you cope with it. If you are living with a compulsive gambler, you will answer “Yes” to at least six of the following questions: Please check all questions that apply, Remember checking a box means that you are answering YES to that question.

1. Do you find yourself constantly bothered by bill collectors?
2. Is the person in question often away from home for long, unexplained periods of time?
3. Does this person ever lose time from work due to gambling?
4. Do you feel that this person cannot be trusted with money?
5. Does the person in question faithfully promise that he/she will stop gambling; beg, plead, for another chance, yet gamble again and again?
6. Does this person ever gamble longer than he/she intended to, until the last dollar is gone?
7. Does this person immediately return to gambling to try to recover losses or to win more?
8. Does this person ever gamble to get money to solve financial difficulties or have unrealistic expectations that gambling will bring the family material comfort and wealth?
9. Does this person borrow money to gamble with or to pay gambling debts?
10. Has this person's reputation ever suffered due to gambling, even to the extent of committing illegal acts to finance gambling?
11. Have you come to the point of hiding money needed for living expenses, knowing that you and the rest of the family may go without food and clothing if you do not?
12. Do you search this person's clothing or go through his/her wallet when the opportunity presents itself or otherwise check on his/her activities?
13. Does the person in question hide his/her money?
14. Have you noticed a personality change in the gambler as his/her gambling progresses?
15. Does the person in question consistently lie to cover up or deny his/her gambling activities?
16. Does this person use guilt induction as a method of shifting responsibilities for his/her gambling upon you?
17. Do you attempt to anticipate this person's moods or try to control his/her life?
18. Does this person ever suffer from remorse or depression due to gambling, sometimes to the point of self-destruction?
19. Has the gambling ever brought you to the point of threatening to breakup the family unit?
20. Do you feel that your life together is a nightmare?