



**ECAR EVALUATION AND COUNSELING SERVICES**  
**401 OLYMPIA NE, SUITE 210, RENTON, WA 98056**  
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**425 282 6662—OFFICE 425 282 5880—FAX**

*Working towards building better communities for youth and families*

## **Impact of Divorce on Children and Families Seminar**

*\*\*Meets the mandatory court requirement for divorcing Parents\*\**



### **About the facilitators:**

**Glenda Jordan-Buchanan** is a licensed Mental Health Counselor with over twenty five years of experience in working with children, individuals and families. Much of her experience involved working within Community Social Service agencies and the Department of Adult Detention with an emphasis on mental health, chemical dependency, and parenting education.

Ms. Buchanan is a member of the National Board of Certified Counselors (NBCC) and is a member of the National Board of Addiction Examiners (Masters Addiction Counselor). She also holds certifications in Parenting Education, Parent Training Facilitator, and as a Domestic Violence Advocate.

Ms. Buchanan has a BA degree in Psychology from the University of Washington, and a Master Degree in Educational Counseling from Seattle University. She is currently working in Seattle, WA at a local Community Service Agency.

**Joe Ingram Gillis** is a licensed Mental Health Counselor who in July 2007 opened his private practice office in the Des Moines area. He subcontracts with ECAR Counseling Services to provide Family Preservation and Family Reconciliation Services for families in Dependency Court. Prior to opening his private practice, Joe was a counselor in the adult counseling program, Catholic Community Services of Western Washington for approximately five years.

Mr. Gillis is a retired State of Washington employee who worked fifteen years in the mental health units for the Department of Adult Corrections. During this employment he held job title of Unit program Supervisor; Training Manager and Corrections Mental Health Counselor.

Mr. Gillis is also a contract instructor, a position he has functioned in since 1991 with the State of Washington Criminal Justice Academy providing training to correctional officers, work release and juvenile services staff on topics such as working with the mentally ill offender, communications, dealing with self-injury and suicide behavior, anger management and diversity training. He worked for a short period as a case manager at group home facility housing young people in the Seattle area. Mr. Gillis earned a BS in Education from Grambling University, and a MA in Counseling from Seattle University.

### **Topics Covered in Seminar**

- Lifespan Development and Attachment
- Emotional Intelligence in Children and Adolescents
- Identifying stress indicators in children and adolescents and their impact on behavior and development
- Age Appropriate Expectations in Children and Adolescents
- Impact of divorce on children – the long term impact of parental conflict on their physical and emotional well-being
- Creating “safe” home environments for Children and Adolescents
- Communication and Conflict Resolution
- Importance of Maintaining and Supporting Positive Relationships
- Practical Skills for Divorced Parents

**Location: Allen Renaissance 1321 Martin Luther King Way Tacoma, WA 98405**

**Day and Times: Fridays (5pm to 9pm): Dates: 5/8, 6/12, 7/10, 8/7, 9/11, 10/9, 11/13, & 12/11/09**  
**Saturdays (9am to 1pm): Dates: 5/9, 6/13, 7/11, 8/8, 9/12, 10/10, 11/14, & 12/12/09**

**Costs: \$60.00 per person (includes materials fee) - Cash only (No checks or credit cards accepted)**

**\*\*Certificates of Attendance are mailed to participants upon completion of full seminar and payment of fees\*\***

**\*\*No exceptions\*\***

To register: Call 425 282 6662