



ECAR EVALUATION AND COUNSELING SERVICES. LLC
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Working towards building better communities for youth and families

Impact of Divorce on Children and Families Seminar

Meets mandatory court requirement for divorcing Parents



About the facilitators: (Pictured left to right)

Joe Ingram Gillis is a licensed Mental Health Counselor who in July 2007 opened his private practice office in the Des Moines area . He subcontracts with ECAR Counseling Services to provide Family Preservation Services for families in Dependency Court. Prior to opening his private practice, Joe was a counselor in the adult counseling program, Catholic Community Services of Western Washington for approximately five years.

Janet Shelstad is a Marriage and Family Therapist in private practice in Kent, Washington. She has over 20 years experience working with families in crisis and currently holds a contract with Working Choices, Inc. to provide Family Preservation Services to families referred by DCFS. Janet is a former teacher with an upbeat positive communication style and is committed to improving the lives of children.

Topics Covered in Seminar

- Lifespan Development and Attachment
- Emotional Intelligence in Children and Adolescents
- Identifying stress indicators in children and adolescents and their impact on behavior and development
- Age Appropriate Expectations in Children and Adolescents
- Impact of divorce on children – the long term impact of parental conflict on their physical and emotional well-being
- Creating “safe” home environments for Children and Adolescents
- Communication and Conflict Resolution
- Importance of Maintaining and Supporting Positive Relationships
- Practical Parenting Skills for Divorced Parents

Seminar Location: Allen Renaissance 1321 Martin Luther King Way Tacoma, WA 98405

2011 Seminars are offered the 1st and 3rd Saturday of each month from 9am—1pm (See below for exceptions)
To register call: **1800-600-6938** and mention that you want to register for

Saturday Impact of Divorce Seminar

****Walk ins are welcome but we recommend that you preregister to ensure you have a space and confirm if the class will be held as scheduled.****

Cost: \$60.00 per person (includes materials fee) - Cash or money orders only (Reduced fee requires income verification)
Payment is collected on site at the seminar (No checks or credit cards accepted)

****Certificates of Attendance are mailed after completion of full seminar and payment of fees—No exceptions****

******Seminars are subject to cancellation due to inclement weather, holidays, and low enrollment. ******